



## Alpine Saskatchewan Chaperone Policy

Chaperones are an important part of the ski program each season. Their role is essential as they provide the necessary support to both athletes and coaches so that the maximum benefit is gained from each race or training season. The following set of Policies is based on the assumption that the athlete realize that they are training and performing as elite athletes and as such must show responsibility and dedication to their sport, coaches, parents and chaperones.

The chaperone, **like any parent**, is responsible for the overall well-being of the athletes. His/her role is completely separate from the coach's job and that he/she is responsible for the athletes when they are not skiing or with the coaches in other training/racing capacities. Therefore, his/her job will include:

- Shopping for groceries and preparing all meals – see attached Meal Guidelines
- Helping out with driving – refer to Team Vehicle Policies
- Supervising athletes – it is expected that the coach and chaperones will communicate regularly to ensure that consistency with supervisory duties is maintained at all times.

Chaperones must be informed of the athletes' training/racing schedule and coaches' expectations for other "off-hill" responsibilities.

Chaperones must enforce regular study time and be willing to help with the athletes' academics whenever possible. The athletes, at all times, should be encouraged to consider the importance of and maintain a positive attitude towards their studies.

Chaperones, coaches and athletes must agree on a curfew, which will be adhered to by the athletes and enforced by the chaperones. Enforcing this curfew and other regulated times will be the right and duty of the chaperone.

Chaperone will have access to the athletes' rooms and exercise the access if he/she feels the need to confirm the athlete's presence in his/her room after curfew or during regulated study hours. The chaperone will respect the athletes' privacy at all times, however, by first requesting a verbal response or notifying the athlete via telephone prior to entering a room.

Chaperones and coaches will respect the need for the athletes to socialize when time permits.

- Caring for the physical health of the athletes. Chaperones are required to obtain appropriate medical services, provide care and assist in obtaining and/or administering and necessary medication. Athletes should be reminded to apply sunscreen.

The chaperone must have and Criminal Record Check and a Vulnerable Sector check done.

\*\*In case of a serious injury, illness or accident, the chaperone must, as soon as reasonably possible, contact Steve Engel, President of Alpine Saskatchewan at (306) 501-3674. This will ensure prompt attention to insurance matters and other items that may need attending to in Saskatchewan.